IMPACT OF AEROBIC EXERCISE ON HEMATOLOGICAL PHYSIOLOGICAL AND PSYCHOLOGICAL PARAMETERS IN SATURATED HIGH FAT INTAKE YOUNG MEN

DISSERTATION SUBMITTED TO THE TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY,

CHENNAI FOR THE FULFILLMENT OF THE REQUIREMENTS FOR THE AWARD OF

DEGREE OF

DOCTOR OF PHILOSOPHY IN PHYSICAL EDUCATION

Submitted by RAJA

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OCTOBER-2013